



2025 Kate Haisty Outdoor Health Forum Scholarship

Sponsored by Kylie Peters from Groundwork Therapy



Scholarship for the Legendary one and only Kate Haisty

Kate Haisty was a colleague and friend who passed away living life to the fullest while exploring her dream of combining working with marginalized people and adventure therapy in Canada in February 2014.

Groundwork Therapy would like to offer an opportunity for one passionate and emerging Bush Adventure Therapy (BAT) practitioner to attend the upcoming 2025 Outdoor Health Forum in New South Wales organized by Outdoor Health Australia (OHA).

Why is this important to me and to Groundwork Therapy?

I would have to say that my first official Bush Adventure Therapy experience began with Kate Haisty, and her comment in the lunch break of the first workshop of mine that she attended, in her matter of fact, don't mess with me, tone but whose eyes were full of adventure of, *'seriously Kylie, I thought this was all a load of shit, but wow it actually works...'* with that I remember thinking who is this chick, I love her honesty, her realness and her candor.

From then I had Kate in my corner, (so to speak) both personally and professionally. She pushed me out of my comfort zones, she ensured I did the hard things ('all' the hard things might I add) and gave a new meaning to the word 'brave'. But above and beyond all else, she was an unconditional infinite source of support and friendship.

As a young woman, Kate was on a trajectory to make a difference in the field of Bush Adventure Therapy. She had a thirst for knowledge; she was incredibly agile and strong

physically and had an amazing capacity to connect with everyone. She was a larger than life, outgoing, hilarious, unique, incredible, awesome individual. She was someone who was always there for anyone willing to give it a go and get amongst something. The idea is that this scholarship can help someone who is already 'giving it a go' an actual 'go'. Just like Kate would.

She raised and set the bar high in her pursuit of living a sensational, risky, infectiously adventurous and spirited life. She shared this imprint with me and with all of us. So this is my small way of being able to pay tribute to her and her legacy, and make sure that there is a little bit of Kate Haisty at every forum.

Everyone who met her respected Kate and her passing in 2014 has left a hole in the communities she was connected with. This scholarship is to give another individual a chance to make a difference and for Kate's memory and vision to continue to be woven through the fabric of the BAT field.

What does the scholarship include?

The scholarship includes a 2 day ticket to the Outdoor Health Forum 2025 in Lennox Head, NSW inclusive of catering and accommodation (bunk room). It does not include travel costs.

How will this decision be made?

Kylie Peters from Groundwork Therapy and Kate's colleagues Sue Cramb and Amanda Smith will be consulting with Kate's family to make the final decision.

Questions:

- 1) Please describe your previous/current BAT practices?***
- 2) How will you use the Outdoor Health Forum to further enhance your current practice and why is it important to you?***
- 4) What element of AABAT / OHA do you identify with most and why?***
- 5) If someone asked you to 'raise the bar' in your current practice (either personally or professionally) describe what this would look and feel like for you.***
- 6) Who has influenced you the most in developing in the BAT field of practice?***
- 7) If you were stranded on a desert island and could only take 3 things with you, what would they be?***

Application Process

Scholarship applicants need to answer the following questions and email to kylie@groundworktherapy.com.au by **23 July 2025**. Please put OHA Forum 2025 Scholarship Application in the subject line with your full name and age.